



## **Working Memory**

Tuesday 13th November 2018
9.30 am – 11.45 am
Aylsham High School



'With him, it's in one ear and out the other.'

'She just doesn't listen to a word I say.'

Sounds familiar? You may be describing a young person with a limited working memory capacity that has become overloaded. Working memory is important because it is closely linked to the ability to learn and also with academic attainment. Working memory problems are common in specific learning differences such as dyslexia, dyscalculia and ADHD.

During this workshop we will explore what working memory is, as well as ways for you to support your child with their working memory skills to help increase their confidence and ability when reading, writing, doing arithmetic or studying for exams.

There will be useful resources and handouts for you to take home.

This free workshop has been designed for anyone who has contact with a child of school age who has difficulties with working memory e.g. parents/carers, grandparents or other family members and will be delivered by our Dyslexia Outreach Service.

You do not need to have had an official diagnosis of any learning difficulty to attend.

Please book your place by e-mailing our cluster family learning co-ordinator

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or text/telephone 07780 887348