



THE
AYLSHAM
CLUSTER
TRUST

It takes a Whole Community to Educate a Child

We are delighted to offer parents/carers the opportunity of joining a free workshop, led by Anna Catlin a member of our family learning team, that is designed to support parents with day-to-day life.

What is Growth Mindset?

A free course to help you support your young person's academic success.

Thursday 9th February 2019

Venue - Aldborough Primary School

9.15 am – 11.30 am



The course will look at why growth mindset is so important and the benefits growth mindset can bring to young people and ourselves.

A growth mindset is simply the belief that you can develop your intelligence. More and more, parents are learning about the important role that a growth mindset can play in our young people's academic success. Research shows that children with a growth mindset are more likely to enjoy school and to stay motivated and resilient when school gets tough.

Growth mindset is a simple idea which can make a big difference to everyone's lives.

"A growth mindset is when students understand that their abilities can be developed," (Carol Dweck, 2014).

**For further information or to book your place please contact our
Family Learning Co-ordinator Monica Harding on 07780 887348 or
e-mail mharding@aylshamhigh.norfolk.sch.uk**